

Appendix B: RNAO guidelines and resources that align with this guideline

The following are some topics and suggested RNAO guidelines and resources from other organizations that align with this BPG.

TOPIC	RESOURCE(S)
Cultural safety and anti-racism	<ul style="list-style-type: none"> Booker SQ, Bartley EJ, Powell-Roach K, et al. The imperative for racial equality in pain science: a way forward. <i>J Pain</i>. 2021;22(12):1578-85. Available from: https://doi.org/10.1016/j.jpain.2021.06.008 Morales, ME, Yong RJ. Racial and ethnic disparities in the treatment of chronic pain. <i>Pain Med</i>. 2021 Jan;22(1):75-90. Available from: https://doi.org/10.1093/pm/pnaa427
Harm reduction	<ul style="list-style-type: none"> Registered Nurses' Association of Ontario (RNAO). Engaging clients who use substances [Internet]. Toronto (ON): RNAO; 2015 Mar. Available from: https://rnao.ca/bpg/guidelines/engaging-clients-who-use-substances
Health equity	<ul style="list-style-type: none"> Health Equity. In: EQUIP Health Care. Vancouver (BC): The University of British Columbia; [date unknown]. Available from: https://equiphealthcare.ca/resources/about-health-equity-and-health-equity-interventions/
Implementation science, implementation frameworks and resources	<ul style="list-style-type: none"> Registered Nurses' Association of Ontario (RNAO), Healthcare Excellence Canada (HEC). Leading change toolkit [Internet]. 4th ed. Toronto (ON): RNAO; 2024. Available from: https://www.RNAO.ca/leading-change-toolkit
Interprofessional collaboration	<ul style="list-style-type: none"> Registered Nurses' Association of Ontario (RNAO). Developing and sustaining interprofessional health care: optimizing patient, organizational and system outcomes [Internet]. Toronto (ON): RNAO; 2013 Dec. Available from: https://rnao.ca/bpg/guidelines/interprofessional-team-work-healthcare
Person- and family-centred care	<ul style="list-style-type: none"> Registered Nurses' Association of Ontario (RNAO). Person- and family-centred care [Internet]. Toronto (ON): RNAO; 2015 May. Available from: https://rnao.ca/bpg/guidelines/person-and-family-centred-care <p>Note: This BPG is currently under revision.</p>

TOPIC	RESOURCE(S)
Pain management	<ul style="list-style-type: none"> ■ Busse JW, Craigie S, Juurlink DN. Guideline for opioid therapy and chronic noncancer pain. CMAJ [Internet]. 2017 May 8;189(18):E659-66. Available from: https://doi.org/10.1503/cmaj.170363 ■ Manchikanti L, Kaye AM, Knezevic NN, et al. Responsible, safe, and effective prescription of opioids for chronic non-cancer pain: American Society of Interventional Pain Physicians (ASIPP) Guidelines. Pain Physician [Internet]. 2017;20(2S):S3-92. Available from: https://www.painphysicianjournal.com/current/pdf?article=NDlwMg%3D%3D&journal=103 ■ Dowell D, Haegerich TM, Chou R. CDC Guideline for Prescribing Opioids for Chronic Pain — United States, 2016. MMWR Recomm Rep [Internet]. 2016;65(No. RR-1):1-49. Available from: http://dx.doi.org/10.15585/mmwr.rr6501e1 ■ Health Quality Ontario (HQO). Chronic pain: care for adults, adolescents, and children [Internet]. Toronto (ON): HQO; 2020. Available from: https://www.hqontario.ca/Portals/0/documents/evidence/quality-standards/qs-chronic-pain-quality-standard-en.pdf ■ Health Quality Ontario (HQO). Opioid prescribing for acute pain: care for people 15 years of age and older [Internet]. Toronto (ON): HQO; 2018. Available from: https://www.hqontario.ca/portals/0/documents/evidence/quality-standards/qs-opioid-acute-pain-clinician-guide-en.pdf ■ Institute of Clinical Systems Improvement (ICSI). Pain: assessment, non-opioid treatments approaches and opioid management [Internet]. 8th ed. Version 2. Bloomington (MN): ICSI; [revised 2017 Aug]. Available from: https://www.icsi.org/guideline/pain/ ■ National Institute for Health and Care Excellence (NICE). Chronic pain (primary and secondary) in over 16s: assessment of all chronic pain and management of chronic primary pain [Internet]. Manchester (UK): NICE; 2021 Apr 7. Available from: https://www.nice.org.uk/guidance/ng193/resources/chronic-pain-primary-and-secondary-in-over-16s-assessment-of-all-chronic-pain-and-management-of-chronic-primary-pain-pdf-66142080468421 ■ Scottish Intercollegiate Guidelines Network (SIGN). Management of chronic pain: a national clinical guideline [Internet]. Edinburgh (UK): SIGN; 2013 Dec [revised 2019 Aug]. Available from: https://www.sign.ac.uk/media/2097/sign136_2019.pdf ■ U.S. Department of Veterans Affairs. Clinical practice guideline for the use of opioids in the management of chronic pain [Internet]. Version 4.0. Washington (DC): U.S. Department of Veterans Affairs; 2022 May. Available from: www.healthquality.va.gov/guidelines/pain/cot/ ■ World Health Organization (WHO). Guidelines on the management of chronic pain in children [Internet]. Geneva (CH): WHO; 2020. Available from: https://www.who.int/publications/i/item/9789240017870

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<p>Pain management cont.</p>	<ul style="list-style-type: none"> ▪ Pain Treatment Services. In: International Association for the Study of Pain (IASP) [Internet]. Washington (DC): IASP; c2021. Available from: https://www.iasp-pain.org/resources/guidelines/pain-treatment-services/ ▪ Health Service Organization (HSO). HSO pediatric pain management. Ottawa (ON): HSO; 2023 Mar. Available from: https://healthstandards.org/standards/pediatric-pain-management-can-hso-13200-2023-e/
<p>Palliative and end-of-life care</p>	<ul style="list-style-type: none"> ▪ Registered Nurses' Association of Ontario (RNAO). A palliative approach to care in the last 12 months of life [Internet]. Toronto (ON): RNAO; 2020 Mar. Available from: https://rnao.ca/bpg/guidelines/palliative-approach-care-last-12-months-life ▪ Registered Nurses' Association of Ontario (RNAO). End-of-life care during the last days and hours [Internet]. Toronto (ON): RNAO; 2011 Sep. Available from: https://rnao.ca/bpg/guidelines/endoflife-care-during-last-days-and-hours
<p>Trauma-informed practices</p>	<ul style="list-style-type: none"> ▪ Registered Nurses' Association of Ontario (RNAO). Crisis intervention for adults using a trauma-informed approach: initial four weeks of management [Internet]. Toronto (ON) RNAO; 2017 Dec. Available from: https://rnao.ca/bpg/guidelines/crisis-intervention